

CHILDHOOD LEAD POISONING PREVENTION FACT SHEET

FACT: Lead can be found in drinking water

- Run water for one minute before use
- Use cold water for drinking and cooking
- Do not use hot water – it can draw out lead from old pipes



FACT: Children can breathe in or swallow lead dust

- Damp clean windows, floors and toys regularly
- Wash children's hands before eating and sleeping
- Do not scrape, drill or sand dry painted surfaces



FACT: Lead can be found in soil

- Keep children and pets away from bare soil areas
- Cover all bare soil areas with grass or mulch
- Remove shoes when entering the house



FACT: Children can eat or swallow lead paint chips

- Keep children away from all peeling paint
- Do not let children chew window sills or painted surfaces
- Remove loose paint chips from windows, floors and other areas



CHILDHOOD LEAD POISONING CAN CAUSE:

- *speech, language & behavioral problems
- *hyperactivity
- *impaired hearing

- *muscle & bone growth reduction
- *nervous system & kidney damage
- *brain damage

HAVE YOUR CHILD TESTED FOR LEAD

Contact your healthcare provider.

Please note that this is not a complete list of how you can be poisoned by lead. For more information, contact the BRISTOL-BURLINGTON HEALTH DISTRICT at 860-584-7682, or visit our web site www.bbhd.org the CT Department of Public Health www.ct.gov/dph, or the Centers for Disease Control and Prevention www.cdc.gov



Bristol-Burlington Health District
240 Stafford Avenue
Bristol, CT 06010

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