FACT: Lead can be found in drinking water
- Run water for one minute before use
- Use cold water for drinking and cooking
- Do not use hot water – it can draw out lead from old pipes

FACT: Children can breathe in or swallow lead dust
- Damp clean windows, floors and toys regularly
- Wash children’s hands before eating and sleeping
- Do not scrape, drill or sand dry painted surfaces

FACT: Lead can be found in soil
- Keep children and pets away from bare soil areas
- Cover all bare soil areas with grass or mulch
- Remove shoes when entering the house

FACT: Children can eat or swallow lead paint chips
- Keep children away from all peeling paint
- Do not let children chew window sills or painted surfaces
- Remove loose paint chips from windows, floors and other areas

CHILDHOOD LEAD POISONING CAN CAUSE:
*speech, language & behavioral problems
*hyperactivity
*impaired hearing

*muscle & bone growth reduction
*nervous system & kidney damage
*brain damage

HAVE YOUR CHILD TESTED FOR LEAD
Contact your healthcare provider.

Please note that this is not a complete list of how you can be poisoned by lead. For more information, contact the BRISTOL-BURLINGTON HEALTH DISTRICT at 860-584-7682, or visit our web site www.bbhd.org
the CT Department of Public Health www.ct.gov/dph, or
the Centers for Disease Control and Prevention www.cdc.gov