

# BOARD OF HEALTH MEETING

## MINUTES

April 13, 2023

A meeting of the Bristol-Burlington Health District's Board of Health was held in the Bristol-Burlington Health District Office, 240 Stafford Avenue, Bristol, Connecticut

Present: Shannon Mulz, Chairwoman

Jack Lu

Mike Boucher, Town of Burlington

James Moylan

Bristol liaison: Mayor Jeffery Caggiano

Staff present: Marco Palmeri, MPH, RS, Director of Health

Louise McGlone, Office Manager, Board of Health Secretary

Audience in Attendance: Skip Gillis, Bristol, CT

Megan Penwell, UConn School of Medicine

Sydney Osborne, UConn School of Medicine

Angelika Karwowski, BBHD Program Manager

Kristina Tanguay, BBHD Public Health Nurse II

Christie Ganavage, BBHD Public Health Nurse I

Alyssa Marin, BBHD Community Health Worker

The meeting was called to order by Chairwoman Mulz at 12:46 p.m.

### 1. Audience Participation

Director Palmeri briefly introduces Angelika, Kristina, Christie and Alyssa from BBHD as well as Megan Penwell and Sydney Osborne from UConn. Megan and Sydney presented their findings as they relate to BBHD's Maternal- Infant and Family Outreach (MIFO) program. An increased demand for, and a lack of, infant and postpartum care has been noted. Megan and Sydney presented possible reasons for an increased demand in care such as a lack of education or resources and the current, high, rate of children born with an opioid dependency in Bristol. The board discussed how BBHD may be able to utilize public health nurses to carry out educational home visits and physical health assessments. It was made very clear that BBHD would not be treating any children, but instead providing applicable knowledge and a connection with resources. Chairwoman Mulz recommends creating flyers, social media events and attending community events for more exposure district wide.

### 2. Approval of the Board of Health Meeting Minutes March 9, 2023

Motion by Jack Lu, seconded by James Moylan to approve the Board of Health Meeting Minutes of March 9, 2023.

All in Favor. Motion carried.

### 3. Approval of Bills paid in March, 2022

Motion by Mike Boucher, seconded by James Moylan to approve the March 2023 bills.

**All in Favor. Motion carried.**

4. **Monthly Reports:** Director of Health, Senior Dental Clinic, School Dental, School Health, Public Health and Environmental Health.

Director Palmeri states that all BBHD services are status quo.

Director Palmeri mentions that due to a pressing and acute issue in the Bristol Public Schools, BBHD will be assisting with providing counseling with the support of a licensed mental health counselor as well as a BBHD school nurse.

5. **New Business**

- a. Motion made by James Moylan, seconded by Jack Lu to approve BBHD's 2023-2024 budget. Three in favor and one against. Motion carried.
- b. Motion made by Jack Lu, seconded by Mike Boucher to cancel the meetings of July and August, 2023. All in favor. Motion carried.
- c. Motion made by Mike Boucher, seconded by Jack Lu to change the monthly Board of Health meeting time to 9 a.m. beginning in May, 2023. All in favor. Motion carried.
- d. Discussion surrounding appointing an Executive Committee, to which one board member was against due to the possibility of potential decision making or voting without the entire board present. Chairwoman Mulz stipulates that an attempt should always be made first to hold a special meeting and if at that point there is no quorum or another issue arises, only then can the Executive Committee be enacted. No members have been appointed to the Executive Committee at this time.
- e. A Budget Committee was formed by interest which is to consist of the Director of Health, the Chairperson and two other board members, being Mike Boucher and James Moylan.

6. **Old Business**

7. **Adjournment**

Meeting adjourned by Chairwoman Mulz at 2:23 p.m.

Respectfully submitted,



Marco Palmeri, MPH, RS  
Director of Health