How to Apply to the Bristol-Burlington Senior Dental Program

- Applications are available at the Bristol-Burlington Health District, the Bristol Senior Center and other locations throughout Bristol and Burlington.
- Completed forms should be submitted to the office of the Bristol-Burlington Health District or the main office at the Bristol Senior Center.
- Additional medical information may be requested.
- For more information, contact the Bristol-Burlington Health District office at 860-584-7682.



Tips for Good Oral Health



- Practice good oral hygiene
 brush and floss every day!
- Use fluoride toothpaste.
- Avoid tobacco and limit alcohol.
- See a dental health provider on a regular basis – even if you have no natural teeth.
- If you have sudden changes in taste and smell – seek professional oral health care.



BristolBurlington Senior Dental Program



BRISTOL-BURLINGTON HEALTH DISTRICT
240 Stafford Avenue, Bristol
Connecticut 06010-4617
Tel. (860) 584-7682 • Fax (860) 584-3814
www.bbhd.org

Did You Know



- Oral health is important for overall good health and well-being.
- Almost one-third of older adults have untreated dental cavities.
- Poor oral health can cause problems with speaking, chewing and swallowing.
- Oral cancer causes nearly 8,000 deaths each year.
 More than half occur in older adults.
- Less than one quarter of older adults have private dental insurance.

Bristol-Burlington Senior Dental Program

The Bristol-Burlington
Health District in
coordination with the
Bristol Department
of Aging Services,
offers dental services
to seniors.

Eligibility:

Participants must be 55 years of age or older. They must also be residents of Bristol or Burlington or current members of the Bristol Senior Center.

Location:

The Wellness Center located at the Douglas A. Beals Senior/Community Center 240 Stafford Avenue, Bristol.

Hours of Operation:

Two full days a week (hours vary depending on the month)

Fees:

A donation of \$50.00 per person/per visit is requested.

Services provided during the Bristol-Burlington Senior Dental Program Visit

An evaluation of the teeth, gums, and soft tissues.

- Screening for oral cancer.
- Dental cleaning.
- Education to prevent oral health problems and maintain good oral health.



• Referrals to a dentist as appropriate.

NOTE:

All services provided by a BBHD registered dental hygienist.