How to Apply to the Bristol Senior Dental Program

• Applications are available at the Bristol-Burlington Health District, the Bristol Senior Center and other locations throughout Bristol and Burlington.

• Completed forms should be submitted to the office of the Bristol-Burlington Health District or the main office at the Bristol Senior Center.

• Additional medical information may be requested.

• For more information, contact the Bristol-Burlington Health District office at 860-584-7682.

Tips for Good Oral Health

• Practice good oral hygiene – brush and floss every day!

• Use fluoride toothpaste.

• Avoid tobacco and limit alcohol.

• See a dental health provider on a regular basis – even if you have no natural teeth.

• If you have sudden changes in taste and smell – seek professional oral health care.
Did You Know

- Oral health is important for overall good health and well-being.
- Almost one-third of older adults have untreated dental cavities.
- Poor oral health can cause problems with speaking, chewing and swallowing.
- Oral cancer causes nearly 8,000 deaths each year. More than half occur in older adults.
- Less than one quarter of older adults have private dental insurance.

Bristol Senior Dental Program

The Bristol-Burlington Health District in coordination with the Bristol Department of Aging Services, offers dental services to seniors.

Eligibility:
Participants must be 60 years of age or older. They must also be residents of Bristol or Burlington or current members of the Bristol Senior Center.

Location:
The Wellness Center located at the Douglas A. Beals Senior/Community Center 240 Stafford Avenue, Bristol.

Hours of Operation:
Two full days a week (hours vary depending on the month)

Fees:
A donation of $50.00 per person/per visit is requested.

Services provided during the Bristol Senior Dental Program Visit

An evaluation of the teeth, gums, and soft tissues.
- Screening for oral cancer.
- Dental cleaning.
- Education to prevent oral health problems and maintain good oral health.
- Referrals to a dentist as appropriate.

NOTE:
All services provided by a BBHD registered dental hygienist.